

Documentation Abbreviations

abduct	ABD
active assistive range of motion	AAROM
active range of motion	AROM
activities of daily living	ADL
adaptive equipment	AE
adduct	ADD
after	p
against medical advice	AMA
allergies	all.
ambulate	AMB
and	&
angle	L
anterior	ant.
as needed	prn
aspiration	asp.
aspiration pneumonia	asp pneum
assist	asst or A
assistive device	AD
at	@
balance	bal
base of support	BOS
base of tongue	BOT
bed side	B/S
bed side swallow eval	BSSE
before	ā
blood pressure	BP
cervical traction	CTx
clinical signs of aspiration	CSA
cognitive / cognition	cog
cold pack	CP
communication	comm
complained of	%
continue	cont.
date of birth	DOB
decrease	decr or ↓
degrees	°
dependent	D
diagnosis	Dx
distal	Dist
dorsiflexion	DF
durable medical equipment	DME
Each day	QD
edge of bed	EOB
elevation	elev
emergency room	ER
endurance	END
energy conservation	EC
evaluation	eval
eversion	EV
except	x
exercise	ex or exer
expressive	exp
extension	ext or /
external rotation	ER
fair	F
feet	ft. or '

flexion	flex or √
forward bending	FB
fracture	Fx
frequency	freq.
full weight bearing	FWB
function	fxn
functional	fxnl
functional assessment tests	FATs
gait	GT
gastric tube	G tube
good	G
head of bed	HOB
heart rate	HR
history	hx
history of	h/o
home exercise program	HEP
honey thick liquid	HTL
hospital	hosp
hot packs	HP
increase	incr. or ↑
independent	IND or I
initial evaluation	IE
instrumental activities of daily	IADL
intelligible	intel.
internal rotation	IR
intravenous	IV
inversion	INV
language	lang
large base quad cane	LBQC
lateral	lat.
left	L
level of alertness	LOA
lingual	ling.
liquid	liq.
long term goal	LTG
low back pain	LBP
lower extremity	LE
manual muscle test	MMT
massage	mass
maximal assist	max A
mechanical soft	ms
minimal assist	min A
moderate	mod
moderate assist	mod A
modified independent	mod I
month	MO
muscle strength	M/S
narrow base of support	NBOS
narrow base quad cane	NBQC
nasal canula	NC
naso-gastric tube	NG tube
nectar thick liquid	NTL
neuro developmental techniques	NDT
new services	NS
no added salt	NAS
no concentrated sweets	NCS

Documentation Abbreviations

no known allergies	NKA
no known food allergies	NKFA
non weight bearing	NWB
normal	N
not applicable	N/A
not medically necessary	NMN
not tested	NT
nothing by mouth	NPO
occasionally	occ
occupational therapy/therapist	OT
oral motor	OM
out of bed	OOB
oxygen	O 2
pain	PN
parallel bars	□ bars
partial weight bearing	PWB
passive range of motion	PROM
passy-muir valve	PMV
patient	pt.
pelvic traction	PTx
per oral	p.o.
physical therapy/therapist	PT
pick up walker	PUW
plan of care	POC
plantar flex	PF
poor	P
posterior	post.
previous	prev
prior functional level	PFL
prior to admission	PTA
progressive resistive exercises	PRE
proprioceptive neuromuscular facilitation	PNF
proximal	Prox
quad cane	QC
range of motion	ROM
reasonable & necessary	R & N
receptive	recep
regular	reg
related to	R/T
resident	Res.
resistive range of motion	RROM
right	R
rolling walker	RW
rotation	ROT
rule out	R/O
secondary	2°
severe	sev
short of breath	SOB
short term goal	STG
side bending	SB
signs and symptoms	S/S
sliding board transfer	SBT
small base quad cane	SBQC
speech language pathologist	SLP
speech therapy/therapist	ST
stand by assist	SBA

stand pivot transfer	SPT
status post	S/P
straight cane	SC
straight leg raise	SLR
strength	STR
supervision	S
tactile cues	TC
terminal knee extension	TKE
therapeutic exercise	ther ex
thermotactile stimulation	TTS
three times per day	TID
to and from	↔
toe touch weight bearing	TTWB
total assist	Tot A
trace	T
transfer	Xfer
treatment	TX or RX
twice per day	BID
ultrasound	US
up / dn	up / down
upper back pain	UBP
upper extremity	UE
verbal cues	VC
video fluoroscopic swallow study	VFSS
week	wk
weight bearing as tolerated	WBAT
wheelchair	w/c
wide base of support	WBOS
wide base quad cane	WBQC
with	w/ or c
within functional limits	WFL
within normal limits	WNL
without	w/o or s
work simplification	WS