

CPT's Functional Assessment Tests Competency for Occupational Therapy

Name: _____ Date: _____ Facility _____ Homecare _____

What is CPT's clinical policy regarding functional assessment tests? When and how often should they be completed? Choose correct answer:

- a. At start of care and at discharge to show progress
- b. At discharge only
- c. Only if needed to assess balance loss
- d. At start of care to assess function, on an ongoing basis to monitor progress and assess functional gains and prior to discharge to indicate the final outcome.

Choose 1 correct answer per question. The same answer may be used more than once.

Answer Key:

- a. Physical Performance Test
- b. Berg Balance
- c. Motor Assessment Scale
- d. Self Assessment Tests (such as the ABC Confidence Scale, Depression Scale)

_____ Assesses the following: writing a sentence, simulated eating, upper extremity function, balance, ambulation, stairs

_____ Assesses the following: rolling, sitting up, upper extremity and lower extremity function, hand function

_____ has a 7 or 9 item scale for scoring which are both valid for predicting home placement and level of dependence

_____ Assesses the following: transfer ability, and balance with eyes closed, with feet close together, picking up an object, weight shifting, while standing in tandem, while standing on one leg, fall risk

_____ Assesses the patient's perception of their ability/disabilities

_____ Assesses motor function / tone for neurologically impaired patients (especially strokes)

_____ The patient may not use an assistive device during this functional assessment test (exclude self assessment tests for this answer)

_____ This functional assessment test assesses fall risk, need for assistive device, need for caregiver

1. Which functional assessment tests assist the occupational therapist in planning challenging ADL activities. List all that apply from the above list:

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2. If a patient no longer feels at risk for falling on self assessment tests, which other functional assessment tests could be done to further assess the patient's safety/function? List all that apply from the above list:
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Match the Berg Balance scores to the rating scale:

- | | |
|------------------|---|
| _____ 45 or more | 1. Indicates the patient has a slight increased risk for falls, safe ambulator <u>with a device</u> |
| _____ 35 to 44 | 2. Indicates a high fall risk, the lower the # the greater the risk for falls, patient may be able to ambulate with a device with the physical assistance of another due to safety concerns |
| _____ 34 or less | 3. Indicates the patient is less likely to fall, safe ambulator <u>without a device</u> |
| _____ 56 | 4. Maximal score - no fall risk |

True / False Answers:

Functional assessment tests allow therapists to measure ability and communicate deficits, safety concerns, and functional improvements in a standardized manner. True False

Functional assessment tests provide the evidence to back our clinical judgment. True False

Functional assessment tests uncover deficits our standard evaluations may not have addressed. True False

Functional assessment test scores & findings support the need for skilled interventions more objectively than the subjective measures of maximal assist to contact guard assist. True False

Write down any other functional assessment tests you have utilized and why: